

Learn and Play Montessori School LLC

February-15

<u>Vegetarian</u>		Monday	Tuesday	Wednesday	Thursday	Friday
		2	3	4	5	6
Snack	10:30 AM	Fish Crackers/Apple Juice	Cheeze It/Fruit	Pretzels/Apple Juice	Graham Crackers/Fruits	Animal Crackers/Apple Juice
Lunch	12:00 PM	Curly Pasta w/red sauce Garlic Bread Steamed Broccoli Fruit Slices Milk	Fiesta Cheese Rice Warm Tortilla Fruit Slices Milk	Minestrone Soup Warm Bread Sticks Cucumber Slices Fruit Slices Milk	Bean and Cheese Burrito Baked Fries Coleslaw Salad Fruits Milk	Pizza Muffins Tortilla Chips Garden Salad Fruit Milk
Snack	2:45 PM	Club Crackers/Orange Slice	Ritz Crackers/Banana	Ritz Crackers/Carrot Sticks	Chex-Mix/Celery Stcik	Fish Crackers/Apple Slices
Snack	4:30 PM	Wheat Thins/Raisin	Nilla Wafers/Ornage Slices	Raisin Bread	Saltine Crackers/Dried Cranberries	Club Crackers/Raisen
		9	10	11	12	13
Snack	10:30 AM	Fish Crackers/Fruit Salald	Cheese Its/Apple Juice	Pretzels/Fruit slices	Graham Crackers/Apple Juice	Animal Crackers/ Fruit slices
Lunch	12:00 PM	Grilled Cheese Sandwich Baked Tator Tots Peas and Carrots Fruit Slices Milk	Pasta Marinara Warm Bread Rolls Spring Mix Salad Fruit Slices Milk	Steam Rice Mixed Veggies w/ Kidney beans Fruit Milk	Buttered Noodles Warm Bread Stickers Mixed Green Salad Fruits Milk	Cheese Quesdillas Tortilla Chips Cucumber Slices Mixed Fruit Salad Milk
Snack	2:45 PM	Club Crackers/Orange Slices	Nila Wafers/Banana	Ritz Crackers/Carrot Sticks/Apple Juice	Chex-Mix/Celery Sticks	Fish Crackers/Apple Slices
Snack	4:30 PM	Ritz Crackers/Cheese Stick	Tortilla Chips/Orange Slices	Raisin Bread	Graham Cracker/Dries Cranberries	Club Crackers/Raisins
		16	17	18	19	20
Snack	10:30 AM		Cheese Its/Apple Juice	Pretzels/Fruit slices	Graham Crackers/Apple Juice	Animal Crackers/Fruits
Lunch	12:00 PM	NO SCHOOL	Steamed Rice Mixed Vegetables w/ veggie Burger Warm Tortilla Fruits Milk	Alfredo Pasta Warm Bread Rolls Spring Mix Salad Fruits slices Milk	Cheese Sandwich Broccoli Salad Tortilla Chips Fruit Slices Milk	Spaghetti w/ veggie Burger Carrots & Celery Fruit Slices Milk
Snack	2:45 PM		Nila Wafers/Fruits	Chex-Mix/Celery Sticks	Chex-Mix/Celery Sticks	Fish Crackers/Fruit Slices
Snack	4:30 PM		Tortilla Chips/Orange Slices	Raisin Bread	Granham Crackers/Dried Cranberries	Club Crackers/Raisins
		23	24	25	26	27
Snack	10:30 AM	Fish Crackers/Apple Juice	Cheese Its/Apple Juice	Pretzels/ Apple Juice	Graham Crackers/Apple Juice	Animal Crackers/Apple Juice
Lunch	12:00 PM	Minestone Soup Warm Bread Rolls Cucumber Slices Fruit Slices Milk	Buttered Noodles Baked Fries Sweet Corn Fruit Slices Milk	Mixed Veggies w/ Beans Warm Rice Fruit Slices Milk	Grilled Cheese Sandwich Baked Curly Fries Spring Mix Salad Fruits Milk	Spaghetti w/ veggie Burger Baked Fries Green Salad Fruits Slices Milk
Snack	2:45 PM	Club Crackers/Fruits	Nilla Wafers/Fruits	Ritz Crackers/Carrots Sticks	Ritz Crackers/Raisins	Fish Crackers/Fruit Slices
Snack	4:30 PM	Ritz Crackers/Cheese Slice	Tortilla Chips/Fruits	Wheat thin/Dried Cranberries	Saltine Crackers/Cheese Cubes	Club Crackers/Raisins